## **Mott Community Center**

12111 Braddock Road Fairfax VA 22030 703-278-8605

Director Devin Thornton
Assistant Director Carmen Gibson
Assistant Director Lauren Krebs
Assistant Director Louis Mastria
Assistant Director Mervin Macklin
Computer Clubhouse Manager Mr. Alvaro Luna



www.fairfaxcounty.gov/ncs



Schedule of events and activities are subject to change. Please call the facility directly for the most updated information.

## ΜΔΥ

|                             |                         |                    | MAY  |
|-----------------------------|-------------------------|--------------------|--|
|                             |                         |                    | Programs   |
| Program                     | When                    | Time               | Description  |
| After School                | Monday-Friday           | 3:00 PM-6:00 PM    | After school program includes mentoring and team building activities.                      |
| Teen Center                 | Monday-Friday           | 3:00 PM-9:00 PM    | Fun and engaging activities for teens.   |
| Senior Program              | Mondays and Fridays     | 10:00 AM-2:00 PM   | Activities for Seniors 55+ offered free of charge; Arts & Crafts, Games, Bingo etc.        |
| Braddock Road Seniors       | Wednesday               | 9:00 AM-3:00 PM    | Activities and trips for Seniors club (with monthly dues).                                 |
|                             |                         |                    | Classes  |
| Class                       | When                    | Time               | Description  |
| Silver Surfers              | Tuesday                 | 12:00 PM-1:00 PM   | Intermediate computer instruction for seniors.   |
| Silver Surfers              | Friday                  | 10:00 AM-11:30 PM  | Introduction to computer use and other devices for seniors.                                |
| Karate                      | Saturday                | 10:30 AM-12:30 PM  | Students will learn proper techniques and fundamentals of karate and self defense.         |
| Karate                      | Monday, Wednesday       | 6:00 PM-7:30 PM    | Students will learn proper techniques and fundamentals of karate and self defense.         |
| Jazzercise                  | Mon, Tues, Wed, Fri.    | 9:45 AM-10:45 AM   | Adults class includes cardio workout and pleasant social experience.                       |
| Jazzercise                  | Saturday                | 9:00 AM-10:00 AM   | Adult class includes cardio workout and pleasant social experience.                        |
| Jazzercise                  | Tuesday, Thursday       | 6:30 PM-7:30 PM    | Adults class includes cardio workout and pleasant social experience.                       |
| ESOL                        | Tuesday, Thursday       | 10:15 AM- 12:15 PM | English as a second language course through ACE adult education.                           |
| Zumba                       | Tuesday, Thursday       | 7:45 PM-8:45 PM    | An intense cardio dance class to rhythmic Latin music; open to teens and adults.           |
| Zumba                       | Saturday                | 10:30 AM-11:30 AM  | An intense cardio dance class to rhythmic Latin music; open to teens and adults.           |
| Senior Line Dancing         | Thursday                | 9:00 AM-2:00 PM    | Senior participants experience line dancing at beginners, moderate, and advanced levels.   |
| Seniors Chair Yoga          | Monday                  | 11:00 AM-12:00 PM  | Seniors 55+ will enjoy a series of postures to increase flexibility, strength and balance. |
| Open Gym Night              | Saturday                | 2:00 PM-9:00 PM    | Open gym for all community members (please call ahead, rental maybe scheduled).            |
| Aldo Dance                  | Friday                  | 6:30 PM-8:30 PM    | Exciting Peruvian dance group that meets on Fridays.                                       |
|                             |                         |                    |  |
|                             |                         |                    |  |
|                             |                         | Spec               | ial Events/Trips   |
| Community Day               | Saturday, May 16th      | 10:00 AM-2:00 PM   | A Family oriented event with vendors representing the community and food                   |
| Memorial Day Weekend        | Sat. May 23-Mon. May 25 | ALL DAY            | Building closed for the holiday weekend, will re-open Tuesday morning 9AM                  |
| Tech Summit                 | Saturday, May 30th      | 10:00 AM-3:00 PM   | Technology, gadgets, and devices; 3D printing; Robotics & A.I.                             |
|                             |                         |                    |  |
|                             |                         |                    |  |
|                             |                         |                    | nunity Meetings  |
| Meeting                     | When                    | Time               | Description  |
| lott Center Leadership Team | TBD                     | 6:30PM - 8:00PM    | The Mott Community Center Leadership team meets once a month                               |